

November 17, 2018 - IFBB Professional League Pro Qualifier

Time	Category	
4:45 p.m.	Opening Ceremony	
5 p.m.	Opening	
	Bikini - Class A]
	- Class B	
	- Class C	
5:30 p.m.	Men's Physique - Class A] The Final's judgement is only once
	- Class B	
	- Class C	
	- Class D	
6 p.m.	BodyBuilding - Bantamweight	Posing Routine (60 seconds) : All competitors
		Pickup
	- Lightweight	Posing Routine (60 seconds) : All competitors
		Pickup
	BodyBuilding - Light-Heavyweight	Posing Routine (60 seconds) : All competitors
		Pickup
	- Heavyweight	Posing Routine (60 seconds) : All competitors
		Pickup
6:45 p.m.	Awards - Bikini	
	- Men's Physique	
	- BodyBuilding	
	OverAll - Bikini] Winners in each category earn IFBB Pro status.
	- Men's Physique	
	- BodyBuilding	
7 p.m.	Closing	

※Time schedule is scheduled.

Athlete Registration • Meeting

item	Date and time	Venue
Pre Athlete registration	Friday the 16th 6 p.m.	Bellesalle Shibuya Garden 1F
Athlete Registration	Saturday 17th 8 a.m.	Bellesalle Shibuya Garden B1F
Athlete meet up in back stage	Saturday 17th 3 p.m.	Bellesalle Shibuya Garden B1F

Notes

- Please bring the costume that you wear at the time of the registration.
- If you already register on Friday, you do not need to show up.
- When I am not even if called/When I do an act to disturb the administration, I become handled as disqualification.
- The competitor makes mutual concessions, and, please use the space.

For bodybuilding and Classic Physique competitors - Submission of sound source for free posing -

- Both competitors in Classic Physique and Bodybuilding should submit a free-posing sound source on either the 16th or 17th CD or USB.
- When submitting the sound source, fill out sound source information on the submission sheet.
- When copying the sound source to the CD-RW and bringing it, be sure to check beforehand whether the music can be played with commercially available CD players.
- If your sound source can not be played on that day, you will be using silence or the sound source prepared by the secretariat.

Image - submission sheet

NO	Your Name										
CD or USB	Play number	When to play									
<table style="width: 100%; border: none;"> <tr> <td style="width: 50%; text-align: center;">CD</td> <td style="width: 50%; text-align: center;">USB</td> </tr> <tr> <td style="text-align: center;"><input type="checkbox"/></td> <td style="text-align: center;"><input type="checkbox"/></td> </tr> </table>	CD	USB	<input type="checkbox"/>	<input type="checkbox"/>	NO.	<table style="width: 100%; border: none;"> <tr> <td style="width: 50%; text-align: center;">Before</td> <td style="width: 50%; text-align: center;">fixed posing position</td> </tr> <tr> <td style="text-align: center;"><input type="checkbox"/></td> <td style="text-align: center;"><input type="checkbox"/></td> </tr> </table>	Before	fixed posing position	<input type="checkbox"/>	<input type="checkbox"/>	<small>What kind of pose?</small> <input style="width: 100%;" type="text"/>
CD	USB										
<input type="checkbox"/>	<input type="checkbox"/>										
Before	fixed posing position										
<input type="checkbox"/>	<input type="checkbox"/>										

Notes

- Do not throw away garbage on the day at the venue.
- For competitors who have colored, be sure to sit on a chair wearing long pants or long sleeves.
- Always wear outerwear, shoes and sandals when moving.
- Do not enter barefoot in areas which are not curing.
- Do not get the venue dirty. (If you contaminate the venue, you may be required to pay compensation.)
- Smoking is prohibited in the venue and around the venue.
- Please handle with careful handling of valuables etc.
- In case of theft, loss, damage, etc., we can not assume any responsibility.
- If the act interferes with the operation of the contest or if you deviate from sportsmanship, you may be disqualified.
- Act according to time table and guidance staff.

◆About the audience seating area

A competitor who has not purchased a seating ticket must be sure to watch the show with a standing.

◆Guidance of shooting by professional photographer

The professional photographer will take a picture of everyone on the stage this time. Photographs taken will be sold on the website.

Personal photography / photo shooting are held constantly in the competitors' waiting room.